

**Letter to the Editor****Longevity Gene**

The DRD4 7R allele, the derivative of a dopamine-receptor gene - a variant of a gene associated with active personality traits in humans seems to be involved with living a longer life. (Grady D, Corrada M, Ciobanu V, Moyzis A, Chen Ch, Kawas C, et al. Dopamine-receptor gene variant linked to human longevity. *The Journal of Neuroscience*; online January 3, 2013).

**Facts already known:**

- The more you are involved with social and physical activities, the more likely you will live longer.
- Being active is important for successful aging, and it may deter the advancement of neurodegenerative disease, such as Alzheimer's.

**Document for further reading:**

1. Bovornkitti S, Pitukpakorn M. Longevity Gene? *Tham Med J.* 2019;19:447.

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