**Letter to the Editor** 

## **Regulation of E-Cigarettes**

Stuart P. Thomas and his two colleagues from the University of Sydney, New South Wales, Australia, bravely forwarded a short note of their alternative view regarding e-cigarettes controls in Australia in the section of *General Correspondence* of the Internal Medicine Journal issue 48(2018) 1277-1278. Of note the authors mistook the nicotine-e-liquid vaping cigarettes (the name of which should be "cigalikes" for containing no tobacco at all) that were specifically mentioned in Colin P Mendelsohn's article "Electronic Cigarettes in Physician Practice" in Internal Medicine Journal 2018;48:391-396 as being the same as a tobacco e-cigarettes such that of the Philip Morris International Tobacco Heating System (PMI THS) cigarettes.

Stuart Thomas's group discussed the uncertainty in the content of e-cigarettes vapor and the unproven safety of long-term use. They apparently lacked understanding and knowledge of nicotine aerosol chemistry in comparison to tobacco smoke of burnt cigarettes. Nevertheless, at this point, there is uncertainty of the specific contents in the heat-not-burn tobacco cigarettes in respect of carcinogenic components. There are currently studies underway to assess and compare the smoke from burnt and the aerosol from not burnt tobacco cigarettes.

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